



Occupational Therapy
Europe

Enabling through digital solutions

Anu Söderström

Occupational Therapy Europe

President

Occupational therapy



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Rehabilitation profession

“...enable them to actively participate in society, to live their lives according to their wishes and to perform those activities that are meaningful to them.” - ESCO

“Through occupations, individuals develop greater resourcefulness and resilience in managing health and social challenges.” - OT-Europe

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Occupational Therapy Europe is a collaboration between occupational therapists in practice, education and research to promote and develop the delivery of occupational therapy services in Europe.

COTEC

ENOTHE

ROTOS

EU4Health programme



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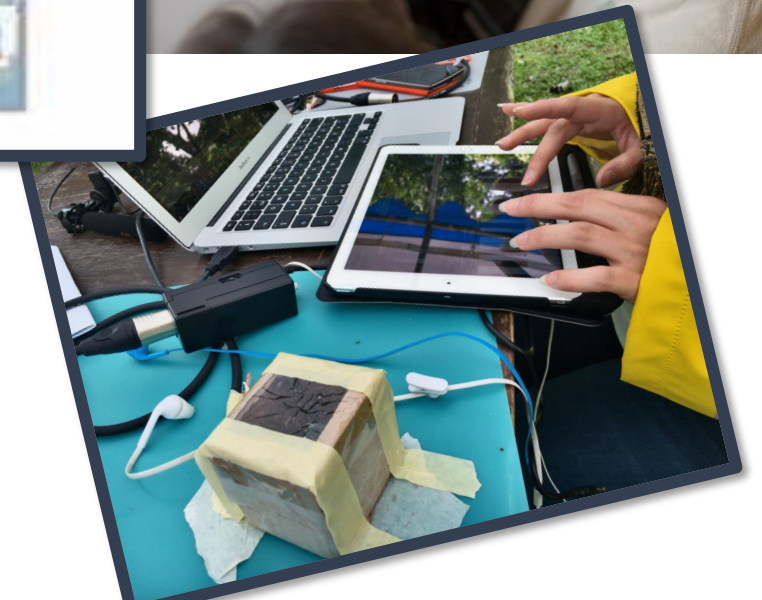
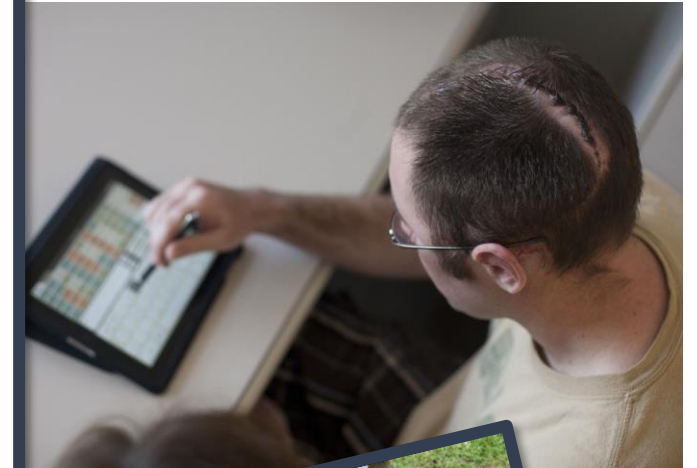
Strengthening health systems

- Health promotion
- Improve accessibility, efficiency and resilience of health systems
- Reduce inequalities in accessing health care
- Exchange of best practices

Occupational Therapy enhances enablement with digital solutions



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Teletherapy



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Jan 26, 2021

EPIG Innovation in Health & Social Care meeting,
OT-Europe_Söderström

Benefits



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- Client satisfaction is high; Evidence of good results
- Cost effectiveness
- Social participation
- Intervention can be tailored to equipment available in the client's home
- Focus on day to day life in client environment

Concerns



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- Lack of tactile feedback, the “healing touch”
- Technical issues
- Inequal availability

- Ethical and legal issues
- Reimbursement issues
- Unequal acknowledgement in national health strategies and health and social care structures

Policy recommendations



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- Clients' equal access to telehealth - equipment and abilities
- Health literacy skills
- Telehealth reimbursement must be equal
- Health records and ethical issues
- Availability of sufficient tools and device



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Finding the best solutions to provide the best health and social care service to citizens calls for

- good collaboration between research, education and practice
- dialogue between the professionals



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Thank you!

anu.soderstrom@coteceurope.eu

www.oteurope.eu