Enabling through digital solutions

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“...enable them to actively participate in society, to live their lives according to their wishes and to perform those activities that are meaningful to them.” - ESCO

“Through occupations, individuals develop greater resourcefulness and resilience in managing health and social challenges.” - OT-Europe
Occupational Therapy Europe is a collaboration between occupational therapists in practice, education and research to promote and develop the delivery of occupational therapy services in Europe.

COTEC
ENOTHE
ROTOS
EU4Health programme

Strengthening health systems

- Health promotion
- Improve accessibility, efficiency and resilience of health systems
- Reduce inequalities in accessing health care
- Exchange of best practices
Occupational Therapy enhances enablement with digital solutions
Teletherapy
Benefits

- Client satisfaction is high; Evidence of good results
- Cost effectiveness
- Social participation
- Intervention can be tailored to equipment available in the client’s home
- Focus on day to day life in client enviroment
Concerns

- Lack of tactile feedback, the “healing touch”
- Technical issues
- Inequal availability

- Ethical and legal issues
- Reimbursement issues
- Unequal acknowledgement in national health strategies and health and social care structures
Policy recommendations

- Clients’ equal access to telehealth - equipment and abilities
- Health literacy skills

- Telehealth reimbursement must be equal
- Health records and ethical issues
- Availability of sufficient tools and device
Finding the best solutions to provide the best health and social care service to citizens calls for

- good collaboration between research, education and practice
- dialogue between the professionals
Thank you!

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