City-Labs Talk Series “Diabetes care in the digital age: accessing innovation & fostering self-care”
Wednesday, 21 November 2018 from 17.30 to 19.00 at Io Sono Wine Bar (Rue du Trône 62, 1050 Bruxelles)

| **City-Labs Talk Series**  
**Diabetes care in the digital age: accessing innovation & fostering self-care**  
*Introducing the topic and the speakers 17:40 – 17:45* |
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| **Contributions by key speakers**  
17:45 - 17:55 *(max 10 min)*  
**Barbara Kerstiens**, Non-communicable diseases & the challenge of healthy ageing, DG RTD, European Commission  
*EU initiatives to tackle and manage chronic diseases*  
- Overview of the EU actions on chronic diseases  
- Commission activities in the area of diabetes  

17:55 - 18:00 *(max 5 min)*  
**Ignacio Garamendi**, IDF Europe – International Diabetes Federation  
*The impact of diabetes and the value of digital for patients*  
- Impact of diabetes over quality of life  
- How better monitor diabetic patients and foster self-care  
- How to build a more informed political environment  

18:00 - 18:05 *(max 5 min)*  
**Ewout Gubbelis**, Patient & Young Advocate  
*Patient’s perspective on digital tools*  

18:05 – 18:15 *(max 10 min)*  
**Tanja Valentin**, MedTech Europe  
*Innovative solutions and industry perspective:*  
- To what extent innovative digital health can unlock the power of information and better manage diabetes  
- How to foster access to innovation and digital tools  

18:05 – 18:10 *(max 5 min)*  
**Guillaume Gustin**, City-Labs team  
*Presenting EGLE app*  
- Why mobile apps are important in healthcare  
- Presenting EGLE app  

18:15 – 18:50 *Open debate and networking cocktails*  
The discussion will be divided into 2 topics / groups:  
1 - Disease management in Europe: challenges and EU added value (informal open discussion chaired by Ms Kerstiens)  
2 - Digital innovation and self-care (informal open discussion chaired by Ms Valentin and Mr Garamendi)  

18:50 – 19:00 *Concluding remark by the Moderator*